

Health & Wellbeing Board

Ensuring good mental health and wellbeing at every age

Outcomes

Children, Young People and Adults are emotionally resilient

Children, Young People and Adults with poor mental health recover quickly

People with poor mental health live as healthy and for as long as those with good mental health

Cross Cutting:

Reducing inequalities by tackling the wider determinants

Prevention and Early Intervention

Acting upon patient and customer experience

Safeguarding and ensuring high quality integrated services

There are estimated to be around 4,000 children and young people affected by a mental health problem and around 26,000 adults with a common mental health condition, affecting one in four people over their lifetime.

	Latest Data	Latest Data	Target	Current Status
Proportion in need accessing psychological therapies	May 16	2.02 %	15.00 %	▲
CAMHs waiting for intervention for more than 18 weeks	Jul 16	0.0 %	0.0 %	★
... Hospital admissions for mental health 0-17 years	Dec 15	73.4		n/a
... Hospital admissions for self-harm 10-24 years	Dec 15	358.9		n/a
... Emotional wellbeing of looked after children	Jun 16	14.4	13.0	▲
Recovery rates for those completing psychological therapies	May 16	52.4 %	50.0 %	★
... Premature mortality (<75 years) in adults with serious mental illness	Dec 13	1,232		n/a
Proportion of adults in contact with secondary mental health services in paid employment	Sep 15	6.5 %	13.2 %	▲

▲ Target missed by 10% or more ● Target missed by less than 10% ★ Target achieved

The proportion in need accessing psychological therapies is currently significantly below the target with a projected year end rate of 13%. East London Foundation Trust (ELFT) launched the IAPT (Psychological Therapies) website on 10th August which will enable self-referral to the service but the CCG has requested a detailed recovery plan

There are no young people waiting for Child and Adolescent Mental Health (CAMH) interventions for more than the current target of 18 weeks. The waiting times for the Community Mental Health team has reduced to 11 weeks and a further reduction to 5 weeks planned by March 2017. ELFT are now providing 7 day crisis service to provide quicker response and support to A+E with discharges back to community to prevent hospital admissions. In addition a community eating disorders specialist service is now established within ELFT to prevent hospital admission and improve longer term outcomes through earlier specialist management.

Hospital admissions for self-harm 10-24 years are being considered by the Suicide prevention steering group which has been established to develop pathways for reducing self-harm. In addition Schools link workers have been commissioned from ELFT to support schools with managing depression, anxiety and self-harm management.

Emotional Wellbeing of looked after children is measured through average SDQ scores which is above the target of 13. Maintenance of emotional well being for children is achieved through referral to and intervention by CAMHS and further enhanced through having stable placements, consistency of social worker, life story work and care plans that are addressing their needs.

The target has been met for recovery rates for those completing psychological therapies.